

WATERFORD KAMHLABA UWCSA

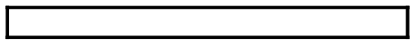
ACTIVITIES PROGRAMME - FORMS 3 & 4 ONLY

FULL NAME & SURNAME:		FORM :	TUTOR:	TERM ONE 2010	
Highlight the activities you will attend		attend this term. Form 3 - 4 must	least choose TWO activities and	your Tutor by Wednesday 3 February 2010	
MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Friends of the Library 3-4p.m LM		Maths Help Session 7.15a.m AWM	Yoga 6.15-7am AH(Lifeskills)	Jogging Club 4 - 5pm Ingeborg	Yoga 6.15-7am AH(Lifeskills)
Homework Club(F3 only) 2.40-4p.m RA		Friends of the Library 3 - 4pm LM	Horse Riding 2 - 5pm LEA	Fitness Swimming 4 - 5pm JW	Int. Netball 4-5pm Tish
Advanced Tennis 4 -5pm Jorik		Int Boys Soccer 4-5p.m MM	Knitting 4 - 5pm JF	Int. Boys Basketall (outdoor) 4 -5pm	Beginner Tennis 4-5pm Yelena/Wilma
Int Girls Basketball 4 - 5pm(outdoor)		Choir 4 - 5pm SW	Contemporary Dance 430 - 530pm SH	Jnr Squash 4 -5pm Alex	Table Tennis(Emhlabeni CR) 4 - 5pm Halefom
Jogging Club 4 - 5pm Ingeborg		Snr Squash 4 - 5pm Alex	Table Tennis(Elangeni CR) 4 - 5pm Mebrahtu	Athletics Training 4-5p.m BW	Int Boys Soccer 4-5p.m MM
Girls Gym 4.15-5.15pm Quita/Synne		Snr Marimbas 4-5pm	Link Group(Commserve Room) 6 - 7pm Phoebe	Dance Club 4-5p.m SH	Portuguese Lessons 4 - 5pm AM
Art Club Emhlabeni CR 4 - 5pm Ines, Siri, Tuhina		Portuguese Lessons 3 - 4pm AM	Staff Gym 6 - 8pm CC/Albina	Chess 4-5p.m QR	Hackers Haven 3.20-5p.m QR
Intermediate Girls Soccer 4 - 5pm Takalani/Mpho		Intermadiate Girls Volleyball 4-5pm AMA	TED TALKS 845 - 945pm Blake/Harald/JT	Jnr Marimbas 3.20-5.15pm TC	Islamic Faith Group LS1 4 - 5pm Mrs Nagdee
Jnr Debating L2 4 - 5pm HM		Indian Dancing CCLD 4 - 5pm Mohini	Girls Gym 9 - 10pm Quita/Synne	Jogging Club(Main Gate) 4 - 5pm Trevor/Knowledge	Boys Rugby 4 - 530pm MT
Fitness Swimming 4 - 5pm AK		Computer Beginners 4 - 5pm MT		Contemporary Dance 430 - 530pm PD	Table Tennis(Elangeni CR) 9pm Vishaal, Shaun, Yusuf
Intermediate Boys Volleyball 4 - 5pm AMA		Athletics Training 4 - 5pm BW		Form 3-5 Drama Club 4 - 515pm Kimberly, Shakira,Pelumi	
Badminton(MP HALL) 4 - 5PM PW/SW		Gym 9 - 1015pm Ben		Kwaito/Swazi Dancing 4 - 5pm Njabulo,Lindelo, Sibahle	Friday Night Kozmik Blue Society(Astronomy)
Climbing Wall(MP Hall) 4 - 530pm Phoebe				Snr Mixed Hockey 4 - 5pm AK	6.30-7.30pm Playing Field
Staff Gym 6 - 8pm CC/Albina				IN FOCUS(commserve room) 9 - 945pm Zwelani,John, Simphiwe	Staff Gym 6 -8pm CC/Albina
GAP Commserve room 845pm Freya				Gym 9 - 1015pm	Passada Lessons 7 -830pm
					7 - 9pm Joao/Guimar
					Sunday Mun
					4 - 5pm Old Lib Moraa/Isaac
					Indoor Soccer
					730 - 9pm Bamwe/Joao

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ACTIVITIES PROGRAMME - FORMS 1 & 2 ONLY

FULL NAME & SURNAME:		FORM :	TUTOR:	TERM ONE 2010
Highlight the activities you will attend this term. Forms 1-3 must choose at least TWO activities. Inform your Tutor by Wednesday 3 February 2010				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Maths Help Session 7.15am AWM	Maths Help Session 2.40-3.20p.m SE	Yoga 6.15-7am AH(Lifeskills)	Jnr. Girls Basketball 3 - 4pm(indoor)	Yoga 6.15-7am AH(Lifeskills)
Pre-School Comserve 2.50-3.20p.m SH	Friends of the Library 3-4pm LM	Horse Riding 2 - 5pm LEA	Jnr Volleyball Boys 3 - 4pm Thulani/Majahonke	Jnr Girls Soccer 3 - 4pm Sizwe
Homework Club 2.40-4p.m RA	Jnr Mixed Basketball 3 - 4pm	Gym 3 - 5pm	Jnr Marimbas 3.20-5.15p.m TC	Jnr Girls Netball 3 - 4pm Selamile,Sandra, Wase
Jnr Boys Cricket(nets) 3 - 4pm RB	Maths Help 4-5pm M3 QR	Link Group(Commserve Room) 6 - 7pm Phoebe	Maths Help Session 2.40-3.20p.m BN	Jnr. Boys Basketball 3 - 4pm(indoor)
Friends of the Library 3-4pm LM	Jnr Cricket 3 - 4pm(nets) RB	Contemporary Dance 430 - 530pm SH	Jnr Squash 4 - 5pm Alex	Hackers Haven 3.20-5p.m QR
Jnr Girls Soccer 3 - 4pm Sizwe	Jnr Boys Soccer 3 - 4pm JS	Knitting 4 - 5pm JF	Dance Club 4-5p.m SH	Islamic Faith Group LS1 4 - 5pm Mrs Nagdee
Jnr Boys Basketball 3 - 4pm	Jnr Volleyball Girls 3 - 4pm Rali		Jogging Club(Main Gate) 4 - 5pm Trevor/Knowledge	Portuguese Lessons 3 - 4pm AM
Jnr Swimming 3 - 4pm AK	Maths Help 3.20-4pm BK		Maths Help 4-5pm M3 QR	FRIDAY NIGHT
Fitness Swimming 4 - 5pm AK	Jnr Girls Netball 3 - 4pm Selamile,Sandra, Wase		Fitness Swimming 4 - 5pm JW	Kozmik Blue Society(Astronomy) 6.30-7.30pm QR Playing Field
Advanced Tennis 4 - 5pm Jorik	Portuguese Lessons 3 - 4pm AM		Kwaito/Swazi Dancing 4 - 5pm Njabulo,Lindelo, Sibahle	Passada Lessons 7 -830pm 7 - 9pm Joao/Guimar
Art Club Emhlabeni CR 4 - 5pm Ines, Siri, Tuhina	Indian Dancing CCLD 4 - 5pm Mohini		Jnr Cricket 3 - 4pm(field) RB	Saturday
Jnr Debating L2 4 - 5pm HM	Athletics Training 4 - 5pm BW		Contemporary Dance 430 - 530pm SH	Ballet 11 - 1230pm SP
Badminton(MP Hall) 4 - 5pm PW/SW	Computer Beginners 4 - 5pm MT		Jogging Club 4 - 5pm Ingeborg	Sunday
Climbing Wall MP HALL 4 - 530pm Phoebe	Choir 4 - 5pm SW			Mun 4 - 5pm Old Lib Moraa/Isaac
Gym 4 - 5pm	Ballet 515 - 630pm SP			Indoor Soccer 730 - 9pm Bamwe/Joao
Jogging Club 4 - 5pm Ingeborg				
Jnr Hockey 3 - 4pm				



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ACTIVITIES PROGRAMME - FORMS 5 & IB ONLY

FULL NAME & SURNAME:	FORM :	TUTOR:	TERM ONE 2010
Highlight the activities you will attend this term. Return to your Tutor by Wednesday 3 February 2010			
MONDAY	WEDNESDAY	THURSDAY	FRIDAY
Art Club Emhlabeni CR 4 - 5pm Ines, Siri, Tuhina	Maths Help Session 715am AK	Yoga 6.15-7am AH(Lifeskills)	Yoga 6.15-7am AH(Lifeskills)
Snr Boys Soccer 4-5.30p.m Dk	Snr Girls Soccer 4-5p.m DK		Hackers Haven 3.20-5p.m QR
Snr Girls Netball 4 - 5pm		Snr Girls Volleyball 4-5p.m Ama	Boys Rugby 4 - 530pm MT
Advanced Tennis 4 -5pm Jorik	Snr Boys Basketball(Indoor) 4-5p.m NP	Horse Riding 2 - 5pm LEA	Snr Boys Volleyball 4-5p.m Ama
Friends of the Library 3-4p.m LM	Snr Marimbas 4-5pm	Knitting 4 - 5pm JF	Beginner Tennis 4-5pm Yelena/Wilma
Jogging Club 4 -5pm	Indian Dancing CCLD 4-5p.m Mohini	Girls Rugby 3 -4pm MT	Table Tennis(Emhlabeni CR) 4 - 5pm Halefom
Fitness Swimming 4 - 5pm AK	Snr Squash 4 - 5pm Alex	Boys Rugby 410 - 530pm MT	Islamic Faith Group LS1 4 - 5pm Mrs Nagdee
Maths Help Session 4 - 5pm BN	Athletics Training 4 - 5pm BW	Gym 4 - 5pm	Portuguese Lessons 4 - 5pm AM
Climbing Wall(MP Hall) 4 - 530pm Phoebe	Friends of the Library 3 - 4pm LM	Senior Boys Volleyball 845 -10pm AMA	Table Tennis(Elangeni CR) 9pm Vishaal, Shaun, Yusuf
Snr Debating EB2 4 - 5pm LM	Maths Help 4-5pm M3 QR	Staff Gym 6 - 8pm CC/Albina	FRIDAY EVENING
Snr Girls Volleyball 845 - 10pm AMA	Portuguese Lessons 4 - 5pm AM	Creative Writing(Elangeni CR) 9 - 10pm Isher	Kozmik Blue Society (Astronomy) 6.30-7.30pm QR Playing Field
Badminton(MP Hall) 4 - 5PM PW/SW	Choir 4 - 5pm SW	Girls Gym 9 - 10pm Quita/Synne	Staff Gym 6 - 8pm CC/Albina
Girls Gym 4.15.5.15pm Synne/Quita	Computer Beginners 4 - 5pm MT	Link Group(Commserve Room) 6 - 7pm Phoebe	Sunday
Snr Boys Cricket(nets) 4 -5pm JS	Snr Girls Basketball 4 - 5pm MT	Table Tennis(Elangeni CR) 4-5pm	MUN
Cooking(IB only) Commserve 410 - 530pm JW	Gym 9-10p.m NP	Contemporary Dance 430 - 530pm SH	Girls Rugby 4 - 5pm Old Lib Moraa/Isaac
Staff Gym 6 - 8pm CC/Albina	Gym 9 - 1015pm	Baking 4 - 6pm JB	Passada Lessons 7 -830pm 730pm Freya
GAP Commserve room 845pm Freya		TED TALKS 8:45- 9.45pm NP	Indoor Soccer 730 - 9pm Bamwe/Joao
		845 - 945pm Blake/Harald/JT	Gym 9 - 1015pm
			Jogging Club 4 -5pm